

## Travel Risk Assessment Form

Please complete this form 6 weeks prior to your travel plans, hand to our receptionist when making your travel appointment with the nurse.

| Personal Details                   |                 |                |                     |                |                                 |                  |  |
|------------------------------------|-----------------|----------------|---------------------|----------------|---------------------------------|------------------|--|
| Name:                              |                 |                | Date of Birth:      |                |                                 |                  |  |
|                                    |                 |                |                     |                |                                 |                  |  |
|                                    |                 |                |                     | Male $\square$ |                                 | Female $\square$ |  |
| Contact Number:                    |                 |                |                     |                |                                 |                  |  |
| Email:                             |                 |                |                     |                |                                 |                  |  |
| Dates of Journey                   |                 |                |                     |                |                                 |                  |  |
| Date of Departure:                 |                 |                |                     |                |                                 |                  |  |
| Date of Return:                    |                 |                |                     |                |                                 |                  |  |
| Itinerary and purpose of journey   |                 |                |                     |                |                                 |                  |  |
| Country to be visited and location |                 | Length of stay |                     |                | Away from medical help at       |                  |  |
| within country                     |                 |                |                     | des            | destination, if so, how remote? |                  |  |
| 1                                  |                 |                |                     |                |                                 |                  |  |
|                                    |                 |                |                     |                |                                 |                  |  |
|                                    |                 |                |                     |                |                                 |                  |  |
| 2                                  |                 |                |                     |                |                                 |                  |  |
|                                    |                 |                |                     |                |                                 |                  |  |
|                                    |                 |                |                     |                |                                 |                  |  |
| 3                                  |                 |                |                     |                |                                 |                  |  |
|                                    |                 |                |                     |                |                                 |                  |  |
|                                    |                 |                |                     |                |                                 |                  |  |
| Please tick as appro               | priate below to | l<br>best desc | ribe your j         | ourney         |                                 |                  |  |
| Type of journey                    | Business        |                | Pleasure            |                |                                 | Other            |  |
| Holiday Type                       | Package         |                | Self-Organised      |                |                                 | Backpacking      |  |
|                                    | Camping         |                | Cruise Ship         |                |                                 | Trekking         |  |
| Accommodation                      | Hotel           | Relative/      |                     | Family home    |                                 | Other            |  |
| Travelling                         | Alone           |                | With Family/Friends |                |                                 | In a group       |  |
| Staying in an area that is         | Urban           |                | Rural               |                |                                 | Altitude         |  |
| Planned activities                 | Safari          |                | Adventu             | re             |                                 | Other            |  |

| Personal medical History   |   |                                    |               |  |  |  |  |  |
|--|---|------------------------------------|---------------|--|--|--|--|--|
| Do you have any recent or past medical history of note?                            |   |                                    |               |  |  |  |  |  |
| (incl. diabetes, heart or ling conditions, thymus disorder)                        |   |                                    |               |  |  |  |  |  |
| List any current or repeat medications   |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
| Do you have any allergies for example to eggs, antibiotics, nuts?                  |   |                                    |               |  |  |  |  |  |
| Have you ever had a serious reaction to a vaccine give to you before?              |   |                                    |               |  |  |  |  |  |
| Does having an injection make you feel feint?                                      |   |                                    |               |  |  |  |  |  |
| Do you or any close family members have epilepsy?                                  |   |                                    |               |  |  |  |  |  |
| Do you have any history of mental illness including depression or anxiety?         |   |                                    |               |  |  |  |  |  |
| Have you recently undergone radiotherapy, chemotherapy or steroid treatment?       |   |                                    |               |  |  |  |  |  |
| Women only: Are you pregnant or planning pregnancy or breast feeding?              |   |                                    |               |  |  |  |  |  |
| Have you taken o   | ut travel insurance and if you have a med | lical condition, informed the insu | rance company |  |  |  |  |  |
| about this?  |   |                                    |               |  |  |  |  |  |
| Please write below any further information which may be relevant                   |   |                                    |               |  |  |  |  |  |
| ·  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
| Vaccination History  |   |                                    |               |  |  |  |  |  |
| Have you ever had any of the following vaccination/malaria tablets and if so when? |   |                                    |               |  |  |  |  |  |
| Tetanus  | Polio                                     | Diphtheria                         |               |  |  |  |  |  |
| Typhoid  | Hepatitis A                               | Hepatitis B                        |               |  |  |  |  |  |
| Meningitis   | Yellow Fever                              | Influenza                          |               |  |  |  |  |  |
| Rabies   | Jap B Enceph                              | Tick Bourne                        |               |  |  |  |  |  |
| Other  |   |                                    |               |  |  |  |  |  |
| Malaria Tablets  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |
|  |   |                                    |               |  |  |  |  |  |

For discussion when risk assessment is performed within your appointment:

I have no reason to think that I might be pregnant. I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

Signed Date